

St Oswald's CE Primary School

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Executive Head Teacher: Mrs Nicola Badger Principal: Mrs Louise McDonough admin@stoswald-worl.cheshire.sch.uk



@stoswaldsworleston

School Diary Dates 2024

<u>May</u>

6th Bank Holiday

9th Y1 phonics screening meeting

13th SATs week Y6

16th Tarporley transition evening

17th Parent coffee morning

21st Sports Day

23rd Y5/6 RCSAT games Bunbury

24th Break up

<u>Iune</u>

3rd Inset Day

4th Back to school

11th Reserve Sports Day

19th-21st - Tarporley transition days

20th Y1/2 Nantwich Museum Trip

25th-27th - Malbank transition days

26th Malbank transition evening

<u>Iuly</u>

4th Book Fair arrives

10th Y6 Chester Cathedral

11th Y5/6 Primary College

18th Y6 leavers service

19th Last day of academic year

22nd Inset Day

23rd Inset Day

September

2nd Inset Day

3rd Back to school

October

25th Break up

November

4th Back to school

"Let your light shine" Matthew 5:16

This term we are celebrating friendship

Prayer of the week

Dear Lord.

Thank you for friends.

Thank you that you gave us friends to walk with us through both

the joys and the hardships of life.

Help us to be a good friend to others this week no matter what they are facing.

Amen

Important Notice

We will be changing our payment system from SchoolMoney on 1st June 2024, could you please log into your account and ensure all balances are cleared before this date.

Thank you for your assistance

Attendance of the week

Hedgehogs 100%

Happy Birthday to you

Happy birthday to Mrs Lycett and Mrs Shaw,

We hope you both have a wonderful day



Mrs McDonough's Messages

Dear Parents and Carers,



Years 4, 5 and 6 have had a fantastic week swimming every day at Bunbury school and they have all made great progress in their assessments. They were incredibly well behaved and all gave 100% effort to listen and learn, developing different strokes and learning about water safety. I am really proud of how well they have adapted to incredibly busy mornings too!

Reading at home

Now that all of the pupils from Reception to Year 6 have books to take home and read from

school, we are having a huge push on reading at home. We are asking that children read little and often daily but know that sometimes we have busy afternoons/evenings and after school activities which can make this difficult. We are asking that every child reads at least 3 times a week and that an adult signs to say that they have listened to them/seen them read in the reading diary. We will be collecting the diaries in each week and have in class rewards for those that achieve this. Please speak to the class teacher if you have any questions.



Upcoming Sports Events



I sent a list of sports events out on Class DoJo earlier this week for the Summer Term. There are minimum numbers required to make a team or squad so please sign your child up if they are interested, as we hate to withdraw due to lack of interest. If you need help with transporting your child to and from events, please speak to the class teacher or school office as there may be additional seats available in other cars. We will be sending out messages 2 weeks before each event to remind you to book on via school spider. Many thanks for your support with these events; the children really enjoy them!

As always if you have any questions or concerns, please don't hesitate to contact me via principalstoswalds@rcsat.cheshire.sch.uk or the school office.

Kind Regards,

Louise McDonough

Let Your Light Shine, Our Stars of the Week



Mrs McDonough 's Stars of the Week - Jessica B for always being mature and sensible, Agnes B for reading 16 times at home this week, Ellen for great attitude and effort in swimming this week, also Ophelia for excellent effort in writing

Owls - Harriet for her excellent Supertato writing, also Ellie-Jade for being a kind, caring friend in class

Deers - Cara and Izzy for their great work in writing, also Eva for her great attitude to all her work

Hedgehogs - George for trying so hard and listening beautifully all week, also Jamie for his brilliant swimming this week

Foxes - Harriet for being such a fantastic role model out of school this week, also Dora for being kind and generous to others

PE Star of the Week - Scott, Leonardo, Layla and Skylar, for outstanding sportsmanship in PE this week

Ethos Team choice - Will for cheering his friends on in football

Wraparound care star of the week - Jessica L for always having a positive attitude

<u> Christian Value - Friendship</u>

Owls - Dottie for being a kind friend

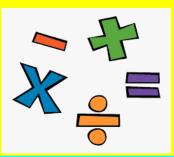
Deers - Margot for always being a lovely friend

Hedgehogs - Caleb for always being such a kind and supportive friend

Foxes - Noah for being a kind and caring friend



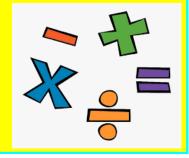
My Maths Stars of the Week



Ziggy

Gretl

Isadora



Our commitment to you.....

Our "Food For Life Served Here" menu means we serve Fresh, local, honest food.

Our food is free from undesirable trans fats, sweeteners and additives

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.

We use free range eggs, organic yogurt, organic Mornflake oats and MSC fish.

We are taking steps to reduce sugar in our recipes

We are taking steps to reduce single use plastic

We can and will cater for all special dietary requirements

Fresh Catering



Spring / Summer 2024

St Oswald's Primary School

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Spring/Summer Menu 2024



Week MONDAY Orange Cookie, Vegetarian Sausage Pasta Italienne (v) Yogurt or Seasonal **Roll with Creamed** Potatoes & Veg (v) TUESDAY

MONDAY Cheese & Tomato Pizza with Paprika Potatoes & Veg (v)

Pasta Carbonara with H/M Garlic Bread

Week 2

Melting Moments, Yogurt or Seasonal Fruit Platter

TUESDAY

Fruit Platter

Homemade Beef **Chocolate Penny** Vegetable & Lentil Lasagne with Garlic **Biscuits or Seasonal** Curry with Rice (v) Fruit Platter **Bread**

with Rice

BBQ Pulled Pork in a

Soft Tortilla Boat

Tuna Pasta Bake

Tangy Lemon Cake or Seasonal Fruit Platter

WEDNESDAY

All Day Breakfast

Plant Friendly All Day Breakfast (v)

Flapjack Finger & Fruit Chunk or Fruit Platter

WEDNESDAY

Roast Chicken. Stuffing, Potatoes, Vegetables & Gravy Quorn Fillet, Stuffing, Potatoes, Vegetables & Gravv (v)

Fruit Oatie Finger or Seasonal Fruit Platter

THURSDAY

Chicken Slider in a Bun with Potato Wedges & Salad

Ploughman's Toastie with Fresh Salad (v)

Carrot & Pineapple Cake or Seasonal Fruit Platter

THURSDAY

Jacket Potato with a **Hunters Chicken with** Choice of Filling/s (v) Sauté Potatoes

Shortbread Finger & Fruit Chunk or Seasonal Fruit Platter

Fish/ Salmon Fish Fingers with Chips & Baked Beans or Peas

Jacket Potato with a Choice of Filling/s (v)

Chocolate Crunch Finger & Fruit Chunk or Seasonal Fruit

FRIDAY

Breaded Fish Star with Chips & Baked

Vegetable BBQ Wrap with Chips & Peas or

Summer Fruit Flapjack or Seasonal Fruit Platter

Baked Beans (v)



We're helping to empower people with Down syndrome to live the life they choose

This is to thank **St Oswald's CE Primary School**, whose brilliant fundraising resulted in an amazing £160.00 donation!

Your generosity will used to further support people with Down syndrome in Cheshire.

A HUGE Thank You! From us all at Down Syndrome Cheshire



May 2024

Newsletter



CPD training for anyone who works with children or teenagers.

National Standards CPD accredited sessions

All sessions booked & delivered online via facefamilyadvice.co.uk

Thursday 2 May

19:00 - 21:00 £24



Anxiety Explained

Anxiety, especially in our young is rising. This session explains what it is, why it happens and how you can help.

Monday 13 May

19:00 - 21:00 £24



Autism: Improving Communication

Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.

Monday 20 May

19:00 - 21:00 £24



Understanding the Teenage Brain

Improve your understanding and communication with your teen. Why they think, feel and behave very differently from adults.

Tuesday 21 May

19:00 - 21:00 £24



Raising Self-Esteem

How to support healthy self-esteem in your children and yourself. Easy to apply interventions shared.

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk

Anxiety Explained

Do you, or your children (especially your teens) suffer from anxiety?

Would you like to know what anxiety is and gain some
understanding on how to manage it?



A two-hour online talk delivered by
Jane Keyworth, Lead Facilitator at FACE
THURSDAY 2nd MAY 7-9PM £24
Available to book now facefamilyadvice.co.uk

Supporting a Child with ADHD Thursday 25th April



Join Jane Keyworth, Lead Facilitator at FACE for an online session that explores this topic and challenges stereotypes.

facefamilyadvice.co.uk

(7pm to 9pm) £24 **Book now via the website**



Monks Coppenhall Family Hub and Centre of Excellence for SEND

Monday	Tuesday	Wednesday	Thursday	Friday		
Sensory Inclusion and Guide dogs	Complex SALT	Physio and Occupational Therapy		LD CAMHS Drop in		
starting 26 th February	Appointment only	Appointment only	Start for Life drop in	19 th April		
Appointment only	9:00 - 13:00	9:00 - 5:00	9:00 - 4:30	10:00- 12:00		
11:00 - 12:00				Appointment only		
	One to One – Cheshire	Start for Life drop in	Supporting Internship Drop	Please email contact details to		
Paediatric feeding team	Buddies	9:00 - 4:30	in	mcccadmin@cheshireeast.gov.uk		
Appointment only	Appointment only		1st Thursday of the month			
18 th Mar/15 th Apr/20 th May	14:30 - 16:30	REACH – YSS	10:00 - 12:30	SEND Marketplace Drop in		
9:00 - 17:00		Appointment only		15 th March		
	Cheshire East Information	11:30 - 14:30	Elected Home Educated	12:00 - 4:00		
Disabilities benefits workshop	and Advice Service		Parents Meeting			
with Carers Trust	Appointment only	UTOPIA – YSS	28 th March	Family Help Drop in		
15th April 10:00 - 12:30	26 th Mar	18:00 - 20:00	10:00 - 11:00	9:30 - 12:30		
	Please email to book a slot					
Start for Life drop in	CEIAS@cheshireeast.gov.uk	\wedge	JIGSAW – YSS	Start for Life drop in		
9:00 - 4:30			18:00 - 20:00	9:00 - 4:30		
	Dyslexia session for PCF					
SEND 0-19 Drop	members					
15th April/13th May/ 10th June/ 8th	Primary (aged 4-11)		7			
July	16 th April 10:00 – 11:30	Friday 15th March	. /			
10:00 - 12:00 / 13:00 - 15:00	Secondary (aged 12 +)	SEND Marketplace Drop i	_ /			
	29th April 10:00 - 11:30	Pop along to meet partne	/			
BASE – YSS		and services that support	\			
Appointment only	Start for Life drop in	children with additional				
15:00 - 17:00	9:00 - 4:30	needs. They will also offe				
		advice to families.	\			
INSPIRE – YSS	Family Help Drop in		`			
18:00 - 20:00	1:30 - 4:30					

Supporting Internship

cheshireeast.gov.uk/familyhubs

A supporting internship is a programme aimed at helping young people with a learning disability transition into paid work This programme is different to other education-based programmes - as it involves being in the work place most of the week. Interns will be assigned a job coach to support you to develop your skills and confidence. Until they are working completely independent, they will spend part of their week with an education provider. If you are interested in finding out more, are aged between 16-24, have an EHCP and have a desire to get a job please come along to our drop in

BASE – referral only

12-week project. This session is aimed at young people aged 13 – 19, who are struggling with their confidence and selfesteem, mental health issues, NEFT etc. We will offer a group to support our more vulnerable young people to build positive relationships and the confidence to attend in person

INSPIRE

This session is aimed at young people aged 13 – 19, who are struggling with their confidence and self-esteem, mental health issues and NEET as a move on project from Base.

Young people will take part in fun, challenging activities, which build confidence & self-esteem.

SEND 0-19 Service Health visitor Drop in

Drop in for parents/children & Young people to access support/signposting/guidance with all SEND related issues and helping to understand why your child may be struggling and ideas that may help

Start for Life drop in.

Do you have a child 0-4 who is on a waiting list to see a paediatrician? are you worried your child may have additional needs? please pop in to discuss what support you can access.



Monks Coppenhall Family Hub and Centre of Excellence for SEND Remer Street, Crewe, Cheshire, CW1 4LY

Cheshire East Information and

CEIAS offer confidential support and information to children and young people with SEND, their parents or their careers. We aim to ensure that you feel more informed and are able to be fully involved in decisions relating to special educational needs

Dyslexia session for PCF members

Would you like to know more about how you can help your child/Young person with dyslexia at home. Please book through the Parent Carer Forum

Family Help drop in

Cheshire East

All families and young people need a bit of help from time to time and the Family Help Team are here to do just that. We have a drop-in session at each of our Family Hubs/Childrens Centres where members of the team will be on hand to provide free information, advice and support. We support families with children aged 0-19 (25 with special educational needs and disabilities) and we aim to make it easier for you to ask for help, and get you the right support at the right time and if this isn't us we will signpost you to local services which may be able to help

JIGSAW

Session for Young people aged 13 - 25 with

Young people will take part in fun, challenging activities, which build confidence and selfesteem. Advice and information is available and they will also contribute to wider participation initiatives.

UTOPIA

LGBTQ+ Group

This session is design to support our LGBTQ+ young people with any issues or needs. It is an opportunity for them to attend a safe environment, where they can be themselves, gain information and advice on their individual issues/needs and access information on other support networks available to them.



Sunday 28th April 1-4pm Sunday 19th May 9.30-12.30pm Sunday 30th June 9.30-12.30pm

Location: Granary Arts Cafe, off Welsh Row, Nantwich £20 per workshop

4-11 years

For more information or to book a place please contact Fiona on 07535387071 musicboxmeditations@gmail.com



Ages 4- 12years

Location: Granary Arts cafe, Welsh row £140 for the week- £30 non-refundable deposit required at time of booking. For more information please contact Fiona: musicboxmeditations@gmail.com





MAY HALF TERM 2024 28TH - 31ST MAY

ACTIVITIES THEY'LL LOVE!





























K H











**** Kids love NextThing!

"My child had a fabulous time, and this is the first type of STEM holiday club I've seen in our area. I'd definitely recommend and book again! Parent - St John's College School



W: www.nextthing.education E: info@nextthing.education T: 01442 873150

www.nextthing.education